

Soft Banana Strips

1 egg
1cup fast-cook oats
1/2 banana
1/3cup milk
1/2cup all-purpose flour
1/8cup rice

Squash bananas, and beat the egg.

Mix in all other ingredients then spread evenly
on a plate.

Next, heat in microwave for 3 and 1/2 minutes.
when done, let them cool.

Then cut and serve.